

# The Preaching Ministry of Pastor J

Word Centered // Discipleship Focused

Jun 23, 2019

## PEELED SERIES

Self-Control

### Galatians 5:22-23

The original Greek word for self-control is \_\_\_\_\_.

The meaning of the original word is \_\_\_\_\_ over.

The King James Version uses the word \_\_\_\_\_.

Temperance is defined as moderation in \_\_\_\_\_,  
\_\_\_\_\_, or \_\_\_\_\_.

Philo said that self-control is having \_\_\_\_\_ over  
every \_\_\_\_\_.

### Ten Things to Master Self-Control

1. Know your \_\_\_\_\_.
2. Remove \_\_\_\_\_.
3. Set \_\_\_\_\_ goals and have an \_\_\_\_\_  
plan.
4. Build your self-\_\_\_\_\_.
5. Create new \_\_\_\_\_ - keep it \_\_\_\_\_.
6. Eat \_\_\_\_\_ and \_\_\_\_\_.
7. Change your \_\_\_\_\_ about willpower.
8. Give yourself a \_\_\_\_\_ plan.
9. \_\_\_\_\_ yourself.
10. \_\_\_\_\_ yourself and \_\_\_\_\_ forward.

Because we are \_\_\_\_\_ we have the ability to \_\_\_\_\_.

### Romans 8:14

14 For as many as are led by the Spirit of God, these are sons of God.

### Galatians 5:25

25 If we live in the Spirit, let us also walk in the Spirit.

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